

Confidential Health History

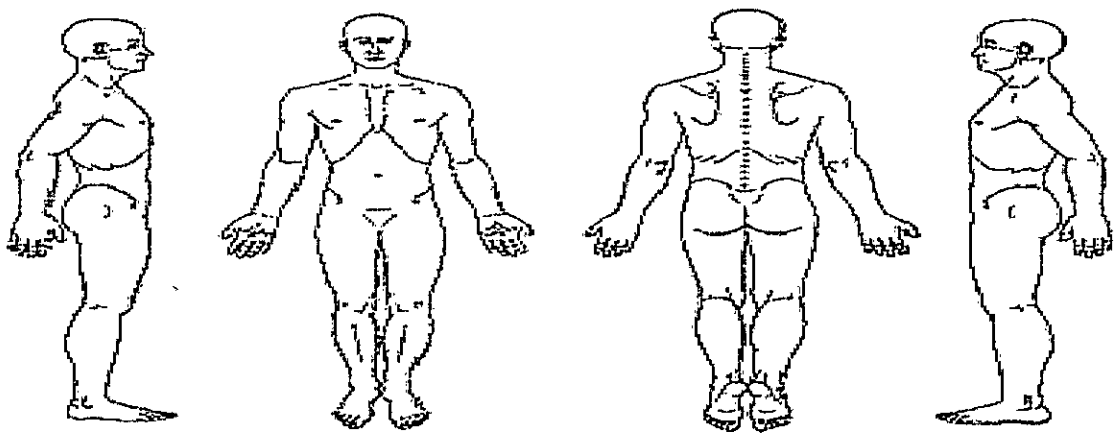
Full Legal Name \_\_\_\_\_ Gender: Male / Female  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ AGE \_\_\_\_\_ Marital Status: S M W D  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 E-mail Address \_\_\_\_\_  
 Would you like email / text reminders? Yes / No Cell Phone Carrier \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Spouse's Name \_\_\_\_\_ Spouse's Date of Birth \_\_\_\_\_  
 Person responsible for this Account (if different than patient) \_\_\_\_\_  
 Subscriber's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ M / F  
 Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_  
 Family Physician \_\_\_\_\_ Do you have children? Yes / No If yes, how many? \_\_\_\_\_

Is this a work-related injury? Yes / No If yes, Employer at time of injury \_\_\_\_\_

**Chief Complaint**

Primary reason for seeking care? \_\_\_\_\_ Date of onset: \_\_\_\_\_  
 What caused the onset? \_\_\_\_\_  
 Duration & Timing: How often do you experience this pain? Occasional Intermittent Frequent Constant  
 Severity: 0 = No Pain 1 2 3 4 5 6 7 8 9 10 = Excruciating Pain  
 Quality of Symptoms: Dull Ache Stiff Tight Sore Sharp Shooting Stabbing Burning Radiating Throbbing Numb/Tingling Weak  
 Do the symptoms radiate to other areas? Yes / No If yes, where to? \_\_\_\_\_  
 How is your condition changing? Improving Getting Worse Not Changing  
 What relieves the pain / symptom(s)? \_\_\_\_\_  
 What aggravates the pain / symptom(s)? \_\_\_\_\_  
 Have you seen anyone else for this condition? Yes / No Whom? \_\_\_\_\_

Please mark the areas of pain or injury on the diagram with an X:



Doctors Notes:

Patient: Denies / Has: pain, numbness, tingling, weakness in the: upper ext. / lower ext., on R L B/L  
Sleep changes: Denied / Positive:  
Energy levels: no change / decreased  
Stress levels: no change / Increased

**Review of Systems: (please circle all of the following you have now or have had in the past)**

**General:** Unexplained Weight Loss or Gain Fever / Chills Recent Trauma Past Trauma Fatigue Irritable Nervousness  
Trouble Sleeping / Sleep Disorder Allergies

**Skin:** Rashes Itching Color Changes New / Change in Moles Lumps Dryness Hair / Nail changes

**Head / Eyes / Ears / Nose / Throat:** Visual Changes Sinus Problems Hearing Loss Difficulty Swallowing / Chewing Double  
Vision Head Injury / Trauma Ringing in Ears TMJ Headaches Concussion

**Cardiovascular:** Chest Pain Shortness of Breath High / Low Blood Pressure Blood Clots Palpitations Fainting Heart  
Disease Cold Hands / Feet Poor Clotting DO YOU HAVE A PACEMAKER? Yes / No

**Respiratory:** Cough Coughing up Blood TB Sputum Asthma / Wheezing Face Flushed COPD / Emphysema

**Gastrointestinal:** Abdominal Pain Vomiting Diarrhea Nausea Constipation Indigestion Upset Stomach

**Musculoskeletal:** Neck / Back Pain Joint Pain / Stiffness Hip/Knee/Ankle Pain Plantar Fasciitis Scoliosis Joint Swelling  
Shoulder/Elbow/Wrist Pain Muscle Pain Muscle Weakness Muscle Cramps Hot Joints

**Neurologic:** Dizziness Seizures Weakness Numbness Headaches Loss of Memory Loss of Taste Loss of Smell  
Pins & Needles Cold Sweats Difficulty of Speech Tremors Loss of Coordination Paralysis

**Other:** Diabetes Cancer Fibromyalgia Anxiety Depression AS Arthritis Osteoporosis Varicose Veins MS  
Anaphylaxis Head Seems Heavy Thyroid issues Other \_\_\_\_\_

**Female Only:** Painful Menstruation Irregular Cycle Breast Problems Menopause ARE YOU PREGNANT? Yes / No / Maybe

**Family History**

Does anyone in your family presently or in the past have any of the following: Cancer, Stroke, Heart Attack, Angina or  
Chest Pain, Thyroid Problems, Asthma, HIV, Arthritis, Other. If so please explain below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medication (please list all medication and supplements you are taking)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Past Injuries (slips, falls, accidents)**

\_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_

**Past Surgeries**

\_\_\_\_\_ Year \_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_ Year \_\_\_\_\_

Date of last physical examination: \_\_\_\_\_  
Do you smoke? Yes / No \_\_\_\_\_ If yes how many per day? \_\_\_\_\_  
Do you drink caffeinated beverages? Yes / No \_\_\_\_\_ If yes how many per day? \_\_\_\_\_  
Do you drink alcoholic beverages? Yes / No \_\_\_\_\_ If yes how many per day? \_\_\_\_\_  
Do you exercise? Yes / No \_\_\_\_\_ If yes, how often and what types? \_\_\_\_\_  
Do you drink water? Yes / No \_\_\_\_\_ If yes, how much per day? \_\_\_\_\_  
Have you seen a Chiropractor before? Yes / No \_\_\_\_\_ If yes, when? \_\_\_\_\_

**Patient Informed Consent**

I, \_\_\_\_\_, the undersigned, consent to care at this clinic. I understand that I have the opportunity to discuss with the doctor and / or with other office personnel, the nature and purpose of chiropractic adjustments and rehab. I hereby request and consent to the performance of chiropractic procedures to the spine and extremities, including various modes of rehab therapy / therapeutic exercise, massage, diagnostic x-rays, and any other supportive therapies on me (or in the patient mentioned above, for whom I am legally responsible) by the Doctor of Chiropractic, Massage Therapist and support team and Quam Chiropractic. I also understand that as is with all healthcare treatments, results are not guaranteed, there is no promise to cure and that there are some risks. Risks include but are not limited to: aggravating and / or temporary increase in symptoms, muscle spasms, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor's judgment, based upon the facts then known, and is in my best interest. I further understand that chiropractic adjustments to the spine and / or extremities and supportive treatment is designed to reduce and / or correct vertebral subluxations allowing the body to return to improved health. It can also alleviate certain symptoms through a conservative approach with hopes of avoiding more invasive procedures. I have read or have had read to me the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**Financial Agreement**

I, \_\_\_\_\_, the undersigned understand and agree that health and accident insurance policies are an agreement between an insurance carrier and myself. Furthermore, I understand that this office will prepare any necessary reports and forms to assist me in making collections from my insurance carrier (s). I permit this office to endorse co-issued remittances for the conveyance of credit to my account and any authorized amount will be paid directly to Quam Chiropractic. It is my understanding that if Quam Chiropractic extends credit to me that my credit may be checked. I understand that if I suspend or terminate my care and treatment, any fee for professional services rendered to me will be immediately due and paid unless other arrangements are made. I clearly understand and agree that all services rendered to me are ultimately my responsibility and I am responsible for payments not covered by my insurance carrier.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**Acknowledgement**

I, \_\_\_\_\_, to the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern in any way.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_



## HIPAA PATIENT CONSENT FORM

25012 104<sup>th</sup> Ave S.E., Suite E, Kent, Washington 98030 (253)854-1233 Fax (253)854-1297

---

### Acknowledgement of Receipt of Statement of Privacy Practices

I acknowledge that I have received a copy of the Statement of Privacy Practices for the offices of Quam Chiropractic. The Statement of Privacy Practices describes the types of uses and disclosures of my protected health information that might occur in my treatment, payment for services, or in the performance of office health care operations. The Statement of Privacy Practices also describes my rights and the responsibilities and duties of this office with respect to my protected health information. The Statement of Privacy Practices is also posted in the facility.

Quam Chiropractic reserves the right to change the privacy practices that are described in the Statement of Privacy Practices. If privacy practices change, I will be offered a copy of the revised Statement of Privacy Practices at the time of my first visit after the revisions become effective. I may also obtain a revised Statement of Privacy Practices by requesting that one be mailed to me.

---

### Additional Disclosure Authority

In addition to the allowable disclosures described in the Statement of Privacy Practices, I hereby specifically authorize disclosure of my protected health care information to the Persons indicated below.

Any member of my immediate family

Spouse

Other (please specify) \_\_\_\_\_

Name of Patient or Personal Representative \_\_\_\_\_

Signature of Patient or Personal Representative \_\_\_\_\_ Date \_\_\_\_\_

Description of Person Representative's Authority \_\_\_\_\_

Witness: \_\_\_\_\_  
Printed name

Signature \_\_\_\_\_ Date \_\_\_\_\_

---

### OFFICE USE ONLY BELOW THIS LINE

Patient refused to sign

Patient unable to sign (reason) \_\_\_\_\_

Quam Chiropractic Name: \_\_\_\_\_ DOI: \_\_\_\_\_ Claim #: \_\_\_\_\_

**Employment Status**

Have you lost time from work as a result of this accident? Yes / No  
Have you had to have a reduced work load or modified work as the result of your injuries? Yes / No  
Type of Employment: \_\_\_\_\_

**Insurance Information**

Your Insurance Company: \_\_\_\_\_ Claims Adjuster \_\_\_\_\_  
Policy #: \_\_\_\_\_ Claim #: \_\_\_\_\_  
PIP? Yes / No Contact phone #: \_\_\_\_\_

Third Party / Other drivers Name: \_\_\_\_\_ Registered Owner: \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Responsible Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_  
Claim #: \_\_\_\_\_ Adjustors name: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Attorney Information**

Name \_\_\_\_\_ Phone #: \_\_\_\_\_

I, \_\_\_\_\_, verify that the above information is true to the best of my knowledge.  
Patient Signature \_\_\_\_\_ Date \_\_\_\_\_